

## **NCDAT** Consett Academy – Aspire Curriculum 2021-22

CONSETT ACADEMY	Autumn Term		Spring Term		Summer Term	
	HT1	HT2	HT3	HT4	HT5	HT6
Year 7	Health and Wellbeing Healthy lifestyle.	Health and Wellbeing Personal health and being body aware.	<b>RSE</b> Relationship with everyone.	<b>RSE</b> Positive mind, positive body, positive relationships.	Our Place in Society All about money.	<b>Our Place in Society</b> Being resilient. Sustainability.
Year 8	Health and Wellbeing Personal Development and confidence.	Health and Wellbeing Safety and mindfulness.	<b>RSE</b> Body image and introduction to safe sex.	<b>RSE</b> Prejudice, discrimination and extreme groups.	Our Place in Society All finance and money. Prejudice, stereotypes and disability.	Our Place in Society Careers and online activity.
Year 9	Health and Wellbeing Healthy mind and healthy lifestyle.	Health and Wellbeing Drugs, alcohol and healthy choices.	<b>RSE</b> British community, religion and exploitation. The LGBT+ community	<b>RSE</b> Body image and peer pressure.	Our Place in Society Human right and the law.	Our Place in Society Employability, enterprise and rights.
Year 10	Health and Wellbeing Managing life experiences.	Health and Wellbeing Self-control.	<b>RSE</b> Sexual identity and rights.	<b>RSE</b> Harassment.	Our Place in Society Anti-Social behavior and community awareness.	Our Place in Society Careers. Justice systems.

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Year 11	Health and Wellbeing Risky behavior and control.	<b>RSE</b> The law and safe sex.	Our Place in Society Global awareness.	Study Skills	Study Skills	Study Skills
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	HT1	HT2	HT3	HT4	HT5	HT6
Year 12	Starting Salaries and deductions. Living arrangements. Weekly food budget.	Luxury Items and their costs. Learning to drive. Cost of learning to drive.	LGBT+ issues. Credit Cards. Responsible borrowing. Credit Scores.	Responsible sexual activity. Managing mental health. Wellness. Health and Wellbeing.	Drug Use. Politics. Travelling Safely.	Sustainable Living Pregnancy. Getting married.
Year 13	Crime and your behaviour. Employment rights and responsibilities. Understanding and respecting others.	Fake news and the control of the media. Media distortions of body image. Pet ownership.	Importance of a will. Legal restrictions. Emergencies.	Online behaviour and its ramifications. Recognising destructive behaviours in yourself and others. Sleep.	Campaign for change. Whistle blowing. Identity and its importance in modern day. Dealing with disability.	Globalisation. Distribution of wealth and power. Theories and religion. Life after retirement.