

THIS WEEK'S Eats.

WEEK 1 MENU

AVAILABLE
Daily

COUNTER
One

COUNTER
Two

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Sweets	Paninis, Toasties and Baguettes	Sandwiches	Salad
MON	Pasta Carbonara Served with a Slice of Garlic Bread Crisp Vegetable Burger Served with Salad and Relish	Mac 'n' Cheese Served with a Slice of Garlic Bread and Mixed Salad	Baked beans Cheese Tuna Mayo		Chocolate Fudge Brownie	Delicious hot range of paninis, toasties and baguettes for you to choose from.	Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
TUE	Mexican Spiced Chicken Burrito Served with Spicy Sweetcorn	Beef Chilli Served with White Rice OR Wedges	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza Pepperoni Pizza	Cornflake Tart with Custard		Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
WED	Roast Turkey or Quorn Roast with Roast Potatoes, Vegetables and Gravy	Hot Roast Pork Baguette Served With Roast Potatoes	Baked beans Cheese Tuna Mayo		Jam Roly Poly with Custard	Delicious hot range of paninis, toasties and baguettes for you to choose from.	Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
THUR	Chicken and Vegetable Pie Served with Mashed Potato, Vegetables and Gravy	Beef Hotpot Or Cheese and Vegetable Pie	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza Pepperoni Pizza	Chocolate Pudding and Custard		Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
FRI	Southern Fried Chicken Strips with Fries and Beans, Peas or Gravy Vegan Sausage Rolls	Jumbo Fish Fingers served with Fries and Beans, Peas or Gravy	Baked beans Cheese Tuna Mayo		Raspberry Yogurt Cake	Delicious hot range of paninis, toasties and baguettes for you to choose from.	Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter

THIS WEEK'S Eats.

WEEK 2 MENU

AVAILABLE
Daily

COUNTER
One

COUNTER
Two

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Sweets	Paninis, Toasties and Baguettes	Sandwiches	Salad
MON	<p>Minced Beef Lasagne Served with a Slice of Garlic Bread</p> <p>Quorn Meatball SubRoll</p>	<p>Cajun Chicken Burger Served with Salad, Burger Relish, Crispy Onions and Wedges</p>	<p>Baked beans Cheese Tuna Mayo</p>		<p>Sticky Toffee Pudding with Custard</p>	<p>Delicious hot range of paninis, toasties and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings every day!</p>	<p>Please see todays range of freshly prepared salad options at the Deli Counter</p>
TUE	<p>Chicken Tikka Masala Served with Wholegrain Rice and Sweetcorn</p>	<p>Beef Burrito Served with Sweetcorn and Herbed Wedges</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Herby Tomato Pasta Margherita Pizza Pepperoni Pizza</p>	<p>Jam and Coconut Sponge with Custard</p>		<p>Your favourite sarnie fillings every day!</p>	<p>Please see todays range of freshly prepared salad options at the Deli Counter</p>
WED	<p>Roast Pork or Quorn Roast with Roast Potatoes, Vegetables and Gravy</p>	<p>Hot Roast Turkey Baguette Served With Roast Potatoes</p>	<p>Baked beans Cheese Tuna Mayo</p>		<p>Vanilla Rice Pudding</p>	<p>Delicious hot range of paninis, toasties and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings every day!</p>	<p>Please see todays range of freshly prepared salad options at the Deli Counter</p>
THUR	<p>Cottage Pie or Lentil Cottage Pie Served with Mashed Potato, Vegetables and Gravy</p>	<p>Chicken Casserole with Dumpling served with Mashed Potato and Vegetables</p>	<p>Baked beans Cheese Tuna Mayo</p>	<p>Herby Tomato Pasta Margherita Pizza Pepperoni Pizza</p>	<p>Chocolate Orange Sponge with Custard</p>		<p>Your favourite sarnie fillings every day!</p>	<p>Please see todays range of freshly prepared salad options at the Deli Counter</p>
FRI	<p>Southern Fried Chicken Strips with Fries and Beans, Peas or Gravy</p> <p>Vegan Sausage Rolls</p>	<p>Jumbo Fish Fingers served with Fries and Beans, Peas or Gravy</p>	<p>Baked beans Cheese Tuna Mayo</p>		<p>Lemon Drizzle Cake</p>	<p>Delicious hot range of paninis, toasties and baguettes for you to choose from.</p>	<p>Your favourite sarnie fillings every day!</p>	<p>Please see todays range of freshly prepared salad options at the Deli Counter</p>

THIS WEEK'S Eats.

WEEK 3 MENU

AVAILABLE Daily

COUNTER One

COUNTER Two

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Sweets	Paninis, Toasties and Baguettes	Sandwiches	Salad
MON	Pasta Bolognaise Served with a Slice of Garlic Bread Roasted Vegetable and Halloumi Wrap Served with Wedges and Slaw	Beef Burger Served with Salad, Burger Relish, Crispy Onions and Wedges	Baked beans Cheese Tuna Mayo		Warm Fruit Flap Jack with Custard	Delicious hot range of paninis, toasties and baguettes for you to choose from.	Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
TUE	Chinese Chicken Curry Served With Steamed Rice Yellow Vegetable Curry Served with Rice and Naan	Sweet Chilli Pork Noodles Served with Stir Fried Vegetables	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza Pepperoni Pizza	Secret Fudge Chocolate Brownie		Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
WED	Roast Turkey or Quorn Roast with Roast Potatoes, Vegetables and Gravy	Hot Roast Gammon Baguette Served With Roast Potatoes	Baked beans Cheese Tuna Mayo		Iced Vanilla Sponge with Custard	Delicious hot range of paninis, toasties and baguettes for you to choose from.	Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
THUR	Mince and Dumpling Served with Mashed Potato, Vegetables and Gravy	Bangers and Mash or Quorn Sausage and Mash	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza Pepperoni Pizza	Chocolate Sponge with Custard		Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter
FRI	Southern Fried Chicken Strips with Fries and Beans, Peas or Gravy Vegan Sausage Rolls	Jumbo Fish Fingers served with Fries and Beans, Peas or Gravy	Baked beans Cheese Tuna Mayo		Apple Crumble with Custard	Delicious hot range of paninis, toasties and baguettes for you to choose from.	Your favourite sarnie fillings every day!	Please see todays range of freshly prepared salad options at the Deli Counter

THIS WEEK'S Eats.

MMB EATS

Mid Morning Break



	MON	TUE	WED	THUR	FRI
Hot Breakfast	Sausage Sandwich Quorn Pattie English Muffin	Bacon Sandwich Quorn Pattie English Muffin	Sausage Sandwich Quorn Pattie English Muffin	Bacon Sandwich Quorn Pattie English Muffin	Sausage Sandwich Quorn Pattie English Muffin
Bagel and Toast Station	Toast with Spread Ham and Cheese Filled Bagel	Toast with Spread Ham and Cheese Filled Bagel	Toast with Spread Ham and Cheese Filled Bagel	Toast with Spread Ham and Cheese Filled Bagel	Toast with Spread Ham and Cheese Filled Bagel
Pastries and Sweet Treats	Pretzel Croissant Sweet Waffle	Pretzel Croissant Sweet Waffle	Pretzel Croissant Sweet Waffle	Pretzel Croissant Sweet Waffle	Pretzel Croissant Sweet Waffle
Sandwiches	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!
Fruit Pots	Pick From Your Favourite Fruits	Pick From Your Favourite Fruits	Pick From Your Favourite Fruits	Pick From Your Favourite Fruits	Pick From Your Favourite Fruits

THIS WEEK'S *Eats.*

Price List

Drinks

- Oasis £1.30
- Radnor Carton £0.70
- Large Water 500ml £0.85
- Small Water 330ml £0.60
- Flavoured Water £1.10
- Juice Burst £1.10
- Suso Cans £1.00
- Appletiser Cans £1.00
- Viva Milkshake £0.65

From The Chillers

- Sandwich £1.70
- Fruit Pot £1.00
- Fresh Fruit £0.50

Main Meals

- Chips £1.10
- Hot Meal of the Day £2.00
- Extra Vegetables £0.50
- Pasta and Cheese £1.95
- Pasta and Sauce £1.95
- Pasta, Sauce and Cheese £2.30
- Pizza Slice £1.65
- Panini £2.10

Chicken Wraps!!!

Take Plain or Flavoured Chicken Breast with your Choice of Salad From the Deli and Any Sauce

£1.95

Mid Morning Break

- Toast £0.20
- Waffle £1.20
- Filled Bagel £1.50
- Bacon Sandwich £1.60
- Quorn Muffin £1.30
- Pretzel £1.20
- Pancakes £1.10
- Porridge **FREE**

Jacket Potato

- Plain Jacket Potato £1.25
- Jacket Potato with Filling £1.75

Something Sweet

- Flapjack £0.85
- Chocolate Brownie £0.85
- Cookie £0.90
- Iced Finger £0.70
- Oreo £0.90
- Doughnut £0.70

Meal Deals Available Daily

Hot Main Meal Deal

Choose The Main Meal Of The Day and Take a Hot Sweet with a Selected Drink

£2.50

Pasta King Meal Deal

Choose either Pasta and Sauce or Pasta and Cheese, the daily dessert and a Selected Drink

£2.50

Deli Bar Meal Deals

Deli Salad Box Meal

Choose a Salad Box Fill it with your Choice of Salad, Toppings and Sauce **and Get a FREE Small Bottle of Water**

£2.50

Deli Sandwich Meal Deal

Choose From our Daily Range of Buns Baguettes and Wraps with your own Customised Fillings and a Selected Drink

£2.50

FOOD FOR *Thought*

FOOD UNION



Help your school win a sports team sponsorship by scanning this QR code and providing us your views on how we can improve your school meals!

OR VISIT:
servicemonitortabs.co.uk/chartwells/secondary



THIS WEEK'S Eats. HEALTHY SNACKS

Available Daily



	MON	TUE	WED	THUR	FRI
Everyday Favourites	Pineapple Pot Melon Pot Selection of Whole Fruit	Pineapple Pot Melon Pot Selection of Whole Fruit	Pineapple Pot Melon Pot Selection of Whole Fruit	Pineapple Pot Melon Pot Selection of Whole Fruit	Pineapple Pot Melon Pot Selection of Whole Fruit
New To The Menu!	Cucumber Sticks Carrot Sticks Fruit Salad Pot Selection Of Yogurts Cherry Tomato Pot	Cucumber Sticks Carrot Sticks Fruit Salad Pot Selection Of Yogurts Cherry Tomato Pot	Cucumber Sticks Carrot Sticks Fruit Salad Pot Selection Of Yogurts Cherry Tomato Pot	Cucumber Sticks Carrot Sticks Fruit Salad Pot Selection Of Yogurts Cherry Tomato Pot	Cucumber Sticks Carrot Sticks Fruit Salad Pot Selection Of Yogurts Cherry Tomato Pot



THREE MILLION *Glasses*



FOOD UNION

Each day around 3 million glasses of milk are poured down the sink as it has past it's expiry date.
Prevent waste by only purchasing what you know you can consume before it reaches it's best before date.

THIS WEEK'S




Eats.

Pasta, Pizza and Panini's

WEEK X
MENU

W/C: XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,
XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,



	MON	TUE	WED	THUR	FRI
Pizza Selection		Margarita Pepperoni V BBQ Chicken Ham		Margarita Pepperoni V BBQ Chicken Ham	
Pasta King	Chinese Chicken Curry Cheese Burger Bolognaise BBQ Pulled Pork Basillico V Pomodoro V Aribiatta V And Many More.....	Chinese Chicken Curry Cheese Burger Bolognaise BBQ Pulled Pork Basillico V Pomodoro V Aribiatta V And Many More.....	Chinese Chicken Curry Cheese Burger Bolognaise BBQ Pulled Pork Basillico V Pomodoro V Aribiatta V And Many More.....	Chinese Chicken Curry Cheese Burger Bolognaise BBQ Pulled Pork Basillico V Pomodoro V Aribiatta V And Many More.....	Chinese Chicken Curry Cheese Burger Bolognaise BBQ Pulled Pork Basillico V Pomodoro V Aribiatta V And Many More.....
Panini Selection	Cheese V Cheese and Ham Pepperoni Tuna Melt 		Cheese V Cheese and Ham Pepperoni Tuna Melt 		Cheese V Cheese and Ham Pepperoni Tuna Melt 

STOP FOOD *Waste*



We make sure that any extra food that we have and do not use is donated to the local community and families most in need, using our food re-distribution charity partners.

THIS WEEK'S Eats.

Bakery and Sweet Treats



	MON	TUE	WED	THUR	FRI
Old Favourites	<p>Chocolate Brownie Iced Bun</p> <p>Jam Doughnut</p> <p>Chocolate Crispy Bar</p> <p>Cookies</p>	<p>Chocolate Brownie Iced Bun</p> <p>Jam Doughnut</p> <p>Chocolate Crispy Bar</p> <p>Cookies</p>	<p>Chocolate Brownie Iced Bun</p> <p>Jam Doughnut</p> <p>Chocolate Crispy Bar</p> <p>Cookies</p>	<p>Chocolate Brownie Iced Bun</p> <p>Jam Doughnut</p> <p>Chocolate Crispy Bar</p> <p>Cookies</p>	<p>Chocolate Brownie Iced Bun</p> <p>Jam Doughnut</p> <p>Chocolate Crispy Bar</p> <p>Cookies</p>
Selected New Additions	<p>Shortbread</p> <p>Individual Victoria Sponge</p> <p>Carrot Cake</p> <p>Orange Drizzle Muffin</p> <p>Lemon Drizzle Muffin</p> <p>Apple Muffin</p> <p>Raspberry Flapjack Muffin</p> <p>Fruit Flapjack</p>	<p>Shortbread</p> <p>Individual Victoria Sponge</p> <p>Carrot Cake</p> <p>Orange Drizzle Muffin</p> <p>Lemon Drizzle Muffin</p> <p>Apple Muffin</p> <p>Raspberry Flapjack Muffin</p> <p>Fruit Flapjack</p>	<p>Shortbread</p> <p>Individual Victoria Sponge</p> <p>Carrot Cake</p> <p>Orange Drizzle Muffin</p> <p>Lemon Drizzle Muffin</p> <p>Apple Muffin</p> <p>Raspberry Flapjack Muffin</p> <p>Fruit Flapjack</p>	<p>Shortbread</p> <p>Individual Victoria Sponge</p> <p>Carrot Cake</p> <p>Orange Drizzle Muffin</p> <p>Lemon Drizzle Muffin</p> <p>Apple Muffin</p> <p>Raspberry Flapjack Muffin</p> <p>Fruit Flapjack</p>	<p>Shortbread</p> <p>Individual Victoria Sponge</p> <p>Carrot Cake</p> <p>Orange Drizzle Muffin</p> <p>Lemon Drizzle Muffin</p> <p>Apple Muffin</p> <p>Raspberry Flapjack Muffin</p> <p>Fruit Flapjack</p>

WALK TO SCHOOL



FOOD UNION

Walking is not only great for your health but can also support the planet so why not walk to school this week?